

CLEAN WATER CLEAN LIFE

University of Tennessee
Appalachia Community
Health and Disaster
Readiness Project



Water is a BIG part of our lives and health!

<p>Helps With Body Maintenance</p>	<p>Helps The Body Lubricates The Eyes</p>	<p>Helps Flush Out Waste And Toxins</p>	<p>Helps The Body Regulate Temperature</p>
<p>Helps The Body Lubricate The Joints</p>	<p>Aids Digestion</p>	<p>Aids Body Growth</p>	<p>Provides A Medium For Important Chemical Reactions</p>

**You should drink AT LEAST 8
glasses of water a day!**



**Where
do you
get your
water?**



Bottled water=\$\$\$



**Water from
wells and
streams can
have germs and
bacteria that
make us sick**



**Red Bird
Water Kiosk**

**Come by SOON for Good
Tasting, Clean, Healthy
Water**



and



**have come together to
help you get CLEAN,
HEALTHY Water**

